



NAVIGATING HEALTHCARE TOGETHER WITH LEON HEALTH

AAAHC ACCREDITATION
– THREE MORE YEARS

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ACCREDITATION ASSOCIATION
for AMBULATORY HEALTH CARE, INC.

WE'VE DONE IT AGAIN! ANOTHER THREE YEARS OF AAAHC ACCREDITATION

We are thrilled to announce that we have successfully achieved **three more years of AAAHC Accreditation!** This accomplishment is a reflection of our unwavering commitment to providing safe, high-quality care and maintaining the gold standard in healthcare delivery.

WHAT IS AAAHC ACCREDITATION?

The **Accreditation Association for Ambulatory Health Care (AAAHC)** is a highly respected organization that evaluates healthcare providers to ensure they meet or exceed national standards of care. Achieving AAAHC Accreditation is a rigorous process that requires healthcare organizations to demonstrate excellence in areas such as:

- **Patient Safety:** Ensuring systems and protocols are in place to protect patients at every step of their care journey.
- **Quality Care:** Providing effective, evidence-based treatments and continuously improving outcomes.
- **Operational Excellence:** Maintaining efficient and ethical practices to deliver the best care possible.



AAAHC

Accreditation is not a one-time achievement; it requires ongoing dedication to **improvement and compliance with AAAHC's stringent standards**. This ensures that accredited organizations are always striving to enhance the care they provide.

WHY THIS MATTERS TO YOU AND OUR MEMBERS?

For our patients and their families, this accreditation means peace of mind. By choosing our organization, you are choosing a healthcare provider that has been evaluated by an independent authority and found to meet the highest standards in the industry.

A TEAM EFFORT

This achievement would not have been possible without the hard work and dedication of our incredible team of healthcare professionals. From doctors to administrative staff, everyone played a vital role in ensuring that we continue to provide **exceptional care in a safe and welcoming environment**.

LOOKING FORWARD

As we celebrate this milestone, we remain committed to continuous improvement. We are excited to build upon this foundation of excellence and explore new ways to better serve our community. Thank you for trusting us with your care, and we look forward to continuing to provide you with the very best healthcare experience. Together, let's continue this journey toward health, safety, and well-being.



PRIORITIZING HEART HEALTH

SIMPLE STEPS FOR A STRONGER HEART

THE IMPORTANCE OF HEART HEALTH

According to the **World Health Organization (WHO)**, approximately **17.9 million people die from cardiovascular diseases each year**, representing **32% of all global deaths**. As providers, you can influence these statistics by encouraging lifestyle changes and monitoring risk factors among your patients. CVD is largely preventable, and many patients can significantly reduce their risk through education and proactive engagement in their health management.

KEY STRATEGIES TO IMPROVE HEART HEALTH IN YOUR PATIENTS

1. Promote a Heart-Healthy Diet

- Encourage patients to adopt a diet rich in **fruits, vegetables, whole grains, lean proteins, and healthy fats**.
- Advise on the benefits of reducing **saturated fats, trans fats, sodium, and added sugars**.
- **Resource:** Share the **American Heart Association's dietary guidelines** with your patients. [AHA Diet and Lifestyle Recommendations](#).

2. Encourage Regular Physical Activity

- Recommend at least **150 minutes of moderate aerobic exercise or 75 minutes of vigorous activity** weekly.
- Highlight the importance of incorporating **strength training**

exercises at least twice a week.

- **Fact:** Regular physical activity can lower the risk of cardiovascular diseases by up to 30%.

3. Address Smoking Cessation

- Discuss the dangers of smoking and its impact on heart health.
- Provide resources for smoking cessation programs and support.
- **Resource:** The **CDC's tips for quitting smoking** can be a valuable tool. [CDC Smoking Cessation](#)





4. Manage Stress and Mental Health

- Educate patients on stress management techniques such as **mindfulness, yoga, and deep breathing**.
- Recognize the link between mental health and heart health, encouraging screenings for anxiety and depression.
- **Fact:** Chronic stress can lead to unhealthy habits and increase the risk of heart disease.

5. Monitor Key Health Metrics

- Regularly check and manage **blood pressure, cholesterol levels, and blood glucose** in your patients.
- Emphasize the importance of keeping **BMI** within a healthy range to reduce heart disease risk.
- **Resource:** Utilize the **AHA's Heart Risk Calculator** to help assess your patients' cardiovascular risk. You can access it [here](#).

HEART HEALTH FACTS FOR PROVIDERS

- **Fact 1:** Hypertension is often termed

the “silent killer” due to its lack of symptoms; regular monitoring is critical.

- **Fact 2:** Reducing sodium intake by as little as **1 gram per day** can significantly decrease the risk of cardiovascular events.
- **Fact 3:** Patients who engage in consistent physical activity can see a **decrease in heart disease risk** by up to **50%**.

As healthcare providers, you have the unique opportunity to educate and empower your patients to take charge of their heart health. By integrating these strategies into your practice, you can make a lasting impact on your patients' quality of life. For further information and resources, please feel free to reach out or visit the links provided. Together, let's work towards a healthier future for our communities!

IMPORTANT UPDATE ON CLAIMS SUBMISSION



ATTENTION PROVIDERS: CHANGES TO CLAIMS SUBMISSION ADDRESS

As a reminder, effective **June 20th, 2024**, all paper claims should be submitted to the following address:

Leon Health, Inc.
Attn: Claims Department
P.O. Box 668230
Miami, FL 33166

Please ensure that your claims are sent to this updated address to avoid any processing delays.

ELECTRONIC CLAIMS SUBMISSION AVAILABLE

We encourage you to take advantage of our **electronic claims submission** options. Leon Health works with **Availity** to facilitate Electronic Data Interchange (EDI) transactions, making the claims process more efficient and streamlined for your practice. Using electronic submissions not only speeds up the claims process but also reduces paperwork and the potential for errors. If you have not yet registered for electronic submissions, we highly recommend doing so.

NEED MORE INFORMATION?

If you require additional information or assistance regarding claims submissions, please do not hesitate to contact our **Provider Services** team at **833-373-5366** or simply navigate to our Provider website for instruction on how to register with **Availity**.

We are here to support you and ensure a smooth claims process.

PROVIDERS: REMINDER TO KEEP YOUR INFORMATION UPDATED



To help us maintain a compliant and effective Provider Directory, please notify us immediately if any of the following information changes:

1. Practice Information:

- o Office address, phone numbers, fax numbers, or email addresses.
- o Changes to office hours or availability of services.

2. Demographics:

- o Provider names, group affiliations, languages spoken, or billing information.

3. Board and Licensure Status:

- o Updates to board certifications, state licenses, or credentialing status.

4. Panel Status:

- o Whether you are accepting new patients or closing your panel for specific plans.

WHY IS THIS IMPORTANT?

Maintaining accurate provider information is not just a best practice—

it is a **requirement under CMS (Centers for Medicare & Medicaid Services) guidelines.** Compliance with these guidelines is essential to ensuring that patients can access the care they need and that health plans meet regulatory standards.

HOW TO NOTIFY US OF CHANGES

If there are any updates to your practice information, demographics, or board status, please notify us as soon as possible. You can do so by email the provider relations team to:

1. Email:

Providerrelations@leonhealth.com

- Include any supporting documentation (e.g., updated licenses, certifications, or written confirmation of demographic changes)

IMPORTANT UPDATES TO OUR PROVIDER MANUAL



We've updated several key documents to ensure you have access to the most current information. These updates include:

- **Summary of Benefits:** Stay informed about the latest benefit details available to your patients.
- **Member Sample Cards:** Access updated sample member ID cards for easy reference.
- **Revised Site Visit Checklist:** Review the updated checklist to ensure your practice meets all guidelines.
- **Standards of Care Provider Accessibility:** Understand the updated accessibility requirements for providers.
- **Medical Management – Inpatient Admissions Pre-Authorization Guide:** Learn the step-by-step process for obtaining pre-authorization for inpatient admissions.

These resources are all available through the **Provider Portal** for your convenience.

NEED PORTAL ACCESS? WE'RE HERE TO HELP!

If you are a participating provider but do not currently have access to the Provider Portal, we encourage you to reach out to our **Provider Relations Team**. We can assist you with setting up your account and provide instructions for accessing these essential tools.

ACH ENROLLMENT NOW AVAILABLE!

We are excited to announce the availability of the **Automated Clearing House (ACH)** enrollment option, which allows for convenient electronic fund transfers directly to your bank account. This streamlined process is designed to enhance your experience and improve efficiency in receiving payments.

ACCESSING THE ACH FORM

To enroll in ACH, you can easily access the ACH authorization form via our provider website. Simply click the link below for a direct download of the form: [Download ACH Authorization Form](#) Once you have completed the form, please submit it as instructed to begin enjoying the benefits of electronic fund transfers.

WHY ENROLL IN EFT?

Enrolling in **Electronic Funds Transfer (EFT)** through ACH offers several advantages:

- **Convenience:** Receive payments directly into your bank account without the need for paper checks.
- **Speed:** ACH transfers are typically processed faster than traditional methods, ensuring timely access to your funds.
- **Security:** Electronic transfers reduce the risk of lost or stolen checks, providing a safer way to manage your finances.

If you have any questions about the ACH enrollment process or need help accessing the form, please do not hesitate to reach out to our Provider Relations Team via email: providerrelations@leonhealth.com

